

RENEWING OUR MINDS

PRECEPT

Romans 12:2

¹² Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing, and perfect will.

PROMISE

Reset isn't just about habits or priorities because you can change your environment and still carry old mindsets; real change happens when the mind is renewed. In Romans 12, Paul starts with a warning that to conform means to be pressed into a mould. In other words, don't let the world shape how you think, but be transformed. He did not focus on action; he focused on transformation. Real transformation is an inside job; it isn't pretending to be okay, but it's becoming different from the inside out. Transformed by our minds; transformation only happens when the mind is renewed. Renew means: to replace or to refresh. Renewing your mind is not learning something new once; it's unlearning lies and relearning truth. Renewal is a daily commitment, and when our minds are not renewed, we struggle to make wise decisions, but when our minds are renewed, we gain clarity. When our minds are renewed, we don't just find God's will—we begin to desire it. It all starts in our mind.

Renewal doesn't happen by removing thoughts alone. It happens by replacing them with truth. While we may not choose our circumstances, we do have a choice in how we think, and when our minds are renewed, everything else begins to change. In your personal life, you will be waking up with peace instead of panic. Confidence instead of constant self-doubt and fear. In your marriage, communication becomes healthier. Love becomes patient, not easily offended. In your family, your words begin to build, not break. Your home becomes calmer, not tense. In your career or studies, fear of failure loosens its grip. Clarity replaces confusion, and you make decisions with faith, not with fear or panic. In your dreams, you find the courage to try again, to hope again, to believe again, to trust that God's plan is still good.

This year doesn't have to be defined by what happened last year or by your past. It can be shaped by how you choose to think today. When God renews your mind, He reshapes your life—slowly, faithfully, deeply. Fear loses its power, the past loses its voice, and God's truth begins to shape your future. This year, let God change the way you think—and watch what He does next for you and through you.

PRACTICE

- 1. Reset.** What needs to be renewed? Your thought awareness? Your thought evaluation, or your thought replacement?
- 2. Mind Check.** Which thoughts do you choose to stay in your mind? The positives or negatives? And how can we pray/encourage you regarding this?

PRAYER

I. Giving

- May we selflessly and sacrificially give to those who are in need.

II. Nations

- Pray for revival, protection, and spiritual healing of all nations.

III. Prayer

- Let us all seek Him first through prayer.

IV. Worship Service

- Pray that we will all be proactive in inviting our friends and families.

V. Gospel

- Pray that we will consistently study and share the Gospel to everyone around us.

VI. Pastors

- May God's favour rest upon them and may they not grow weary in well-doing.

VII. Leaders

- Pray for protection and provision for our elders, leaders, and coordinators.