

DETERMINED MINDSET

PRECEPT

1 SAMUEL 17:22-31

...²² David left his things with the keeper of supplies and hurried out to the ranks to greet his brothers. ²³ As he was talking with them, Goliath, the Philistine champion from Gath, came out from the Philistine ranks. Then David heard him shout his usual taunt to the army of Israel. ²⁴ As soon as the Israelite army saw him, they began to run away in fright. ²⁵ "Have you seen the giant?" the men asked. "He comes out each day to defy Israel. ²⁸ But when David's oldest brother, Eliab, heard David talking to the men, he was angry. "What are you doing around here anyway?" he demanded. "What about those few sheep you're supposed to be taking care of? I know about your pride and deceit. You just want to see the battle!" ²⁹ "What have I done now?" David replied. "I was only asking a question!" ³⁰ He walked over to some others and asked them the same thing and received the same answer. ³¹ Then David's question was reported to King Saul, and the king sent for him...

PROMISE

There will come a time when you will find yourself wandering and lost. You start with excitement, yet you get overwhelmed with distractions, and you lose the motivation to become better than before. You will encounter disapproval from people around you. You will find yourself discouraged, and you will stop dreaming and chasing your goal to become better than before. But remember who God is and what He has done for you.

Rest in the Lord and wait patiently for Him. Psalm 37:7 says, "Rest in the Lord. Wait patiently for him to act." Waiting can be tiring and exhausting, but when we wait in the Lord, it means trusting Him. It means resting in His presence, knowing that God is working.

Refute the disapproval of people. We must prove those people who criticize us. We must be determined to keep going because we are called to become better than before.

Rebuke negativity and "only" mentality. Prove the wrong. Don't listen to criticism because you will be discouraged. Believe in the truth that you are enough.

Refocus yourself on who you are. When you fight your battle, don't compromise, and don't pretend to be someone you are not. Just be yourself, be the person God called you to be. The best thing to do is to remove some character from our lives so we can take action. That could be bad habits that take up too much of your time or people in your life pulling you down instead of lifting you.

Remember what God has done for you. You might doubt if it's worth it to become better than before. But remember the times when God delivered you from your battles, rescued you when you had nowhere to go, and fought for you when you were losing the battle.

Never doubt that you can become better this year than last year. Remember God has never failed you, and He will never fail you. Remember who God is and what He has done for you. Acts 13:36 says, "David served God's purposes in his own time." Continue to seek and serve Him, for He can do great things in you, for you, through you.

PRACTICE

1. Habits. What are habits you think you have right now that needs to be removed? What are good habits do you want to start this year?

2. Developing good habits. What are the things that are hindering you from starting/committing to developing a good habit? How can we encourage and pray for you regarding this?

PRAYER

I. Circles

- Pray for Manalo couple as they continue to lead our youth and young pros to God and His teachings.

II. North Life Groups

- Pray for these couples as they lead the North groups: Ocampo, Ico and Imperial.

III. South Life Group

- Pray for Drapeza couple as they lead the South group.

IV. East Life Groups

- Pray for these couples as they lead the East groups: Domingo and Torres.

V. West Life Groups

- Pray for these couples as they lead the West groups: Oliveros, Fabregas and Padilla.

VI. Church

- Pray for protection and unity for God's church.

VII. World

- Pray that God free our world from conflicts and bring unity to all nations.