

# WE ARE GROOMED FOR PERPETUAL WORSHIP

## PRECEPT

### PSALM 145: 1-21

<sup>1</sup> I will exalt You, my God the King; I will praise Your Name forever and ever. <sup>2</sup> Every day, I will praise You and extol Your Name forever and ever. <sup>3</sup> Great is the Lord and most worthy of praise; His greatness no one can fathom. <sup>4</sup> One generation commends Your works to another; they tell of Your mighty acts. <sup>5</sup> They speak of the glorious splendour of Your majesty—and I will meditate on Your wonderful works. <sup>6</sup> Your awe-inspiring deeds will be on every tongue; I will proclaim Your greatness. <sup>7</sup> Everyone will share the story of Your wonderful goodness; they will sing with joy about Your righteousness. <sup>8</sup> The Lord is gracious and compassionate, slow to anger and rich in love. <sup>9</sup> The Lord is good to all; He has compassion on all He has made. <sup>10</sup> All your works praise You, Lord; Your faithful people extol You...

## PROMISE

Worship is the main reason we are created. A life of worship fills our deepest needs and brings growth and fulfilment to us as worshippers. We are created to enjoy God's presence. Worship is the cure for self-centeredness. It's about taking the focus from ourselves to God as our creator. Worship is the only activity that will last for eternity. Evangelism and discipleship will cease, but worship continues. It helps us to focus our minds and hearts on what matters most in life - eternity. We have an eternal home with Jesus in Heaven. While we are here on Earth, we must train ourselves to do the one thing that we will do forever. God wants us to have freedom in our worship to Him, he rejoice in our movements. Here are some worship postures that we can practice: speaking, shouting, singing, standing, bowing, kneeling, dancing, clapping, lifting hands, lifting eyes, and playing a musical instrument. To be clear.. God wants our hearts, and not just our smiles, shouts or our knees bent. He wants all of us.

**GOD'S GREATNESS.** Psalm 145:1-6 says, “<sup>1</sup> I will exalt You, my God the King; I will praise Your Name forever and ever. <sup>2</sup> Every day, I will praise You and extol Your Name forever and ever. <sup>3</sup> Great is the Lord and most worthy of praise; His greatness no one can fathom...” God's greatness is more than anyone can fathom. It is beyond our imagination. All we can do is trust that He will do great things to us, through us, in us, and for us.

**GOD'S GOODNESS.** Psalm 145:7-10 tells us, “<sup>7</sup> Everyone will share the story of Your wonderful goodness; they will sing with joy about Your righteousness. <sup>8</sup> The Lord is gracious and compassionate, slow to anger and rich in love. <sup>9</sup> The Lord is good to all; He has compassion on all He has made...” God is good, not just sometimes but all the time. God is good, not just to some people but to all people. Even in bad times, God will turn bad times to good times.

**GOD'S GLORY.** Psalm 145:11-13 says, “<sup>11</sup> They tell of the glory of Your kingdom and speak of Your might, <sup>12</sup> so that all people may know of Your mighty acts and the glorious splendour of Your kingdom. <sup>13</sup> Your kingdom is an everlasting kingdom, and Your dominion endures through all generations. The Lord is trustworthy in all He promises and faithful in all He does.” David speaks about the divine eternal Kingdom of God. This Kingdom reflects the glory of God, the grandeur of His perfect character. The faithful God who is worthy of our worship, worthy to receive glory, and worthy of our trust.

**GOD'S GRACE.** Psalm 145:14-21 tells us, “<sup>14</sup> He helps those who are in trouble; He lifts those who have fallen. <sup>15</sup> The eyes of all look to You in hope; You give them their food as they need it. <sup>16</sup> You open Your hand and satisfy the desires of every living thing...” God's grace, God's unmerited favour, is promised and available to all. He is righteous and faithful in all He does. He fulfills and satisfies the desire of those who walk with Him. You and I are groomed to worship, this life is just a rehearsal for what we will do in eternity. God deserves all our worship as our creator, redeemer, sustainer, and lover of our soul. Let's worship the one who deserves our praise.

## PRACTICE

**1. What Worship Is.** Why is God worthy of our worship? What will be your response to Him?

**2. Pleasing God in Worship.** Is there anything that is holding you back in practicing any worship posture? How can we encourage and pray for you regarding this?

## PRAYER

### I. Worship Service

- Pray for Spirit-filled services in our church and more people to come to Christ.

### II. Family

- Pray for loving, harmonious, and Christ-centered families in our church for God's glory.

### III. Growth

- May God help our church body walk in a manner worthy of the calling He has given us.

### IV. Pastors

- Pray for protection from any schemes of the enemy for our pastors & leaders.

### V. Gospel

- May we make a difference in this world sharing God's word, for His glory and purposes.

### VI. Unity

- May God's love bind us all fostering understanding and compassion among us.

### VII. Provision

- Pray that God may help us rely on Him and be fragrant for all the blessings.